

Tuesday 19th January 2021

T: Can I explain why
prayer is important?



What prayers do you already know?

Prayers

Write anything you already know about prayers/praying.

Think about...

When?	Why?

- Think about occasions when people might pray?
- What are we doing when we are praying?
- When do you normal pray?
- Think about how you might be feeling when you pray?

Task...

- Read and think about the different prayers.
- Write about why and when we say these prayers?
 - E.g. Lunch time prayers: to bless us and thank God for the food we are about to eat.

Our Father, Who art in Heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day **our** daily bread; and forgive us **our** trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Eternal rest

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

The Apostle's Creed

I believe in God,
the Father Almighty,
Creator of Heaven and earth;
and in Jesus Christ, His only Son, Our Lord,
Who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended into Hell.
The third day He arose again from the
dead;
He ascended into Heaven,
seated at the right hand of God, the Father
Almighty;
from thence He shall come to judge the
living and the dead.
I believe in the Holy Spirit,
the holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Reflection

Why do you think is it important to pray?